Pedestrian and Bicyclist Safety



Always wear proper fitting personal protective equipment and bright colored clothing or reflective materials.



Learn and follow your state's traffic laws.



Always check the weather before heading out.



Bicycle with the flow of traffic, be alert and choose routes with less traffic and slower speeds.



Always use crosswalks; stop at the curb, look left, then right and left again. Obey signs and signals.



Drivers be aware of pedestrians and bicyclists at all time. Pedestrians and bicyclists make sure drivers see you.

https://afsec.usaf.afpims.mil/Divisions/Occupational-Safety-Division/Fall-Safety/Fall-Driving-Safety/